



Coaching 2012

February 2nd Open racing and Gorey 3 Day Stage Racing Coaches Colin Short and Ger Ivory.

(Club members wishing to take part in Gorey 3 day 2012 must attend this meeting)

February 9th Beginners, Bike Maintenance and Bike fit. Coaches Larry Clarke and Mark Loughran.

(Club members can bring their bike and cycling shoes along for advice on bike fit)

February 16th Leisure, Sportive Riders. Coaches Larry Clarke, and Colin Short.

(Special guest speaker Alan Heary. This is a must for all club members Beginners, Leisure and racing members.

February 23rd Club Racing, Underage Racing. Coaches Mark Murphy, and Ger Ivory.

(Club race Calendar launched)

March 1st Track Racing, Bike Skills. Coaches Ger Ivory, and Colin Short.

(For everybody interested in track racing, and improving bike skills.)